

Category – 10k	Race Number	Name	Time
1st overall/adult male	900	Zac Nolan	33:13:00
1st adult female	265	Jane Evans	35:43:00
1 <sup>st</sup> junior boy	502	Thomas Maidment	40:21:00
1 <sup>st</sup> junior girl	776	Ellen Taylor	41:36:00

Category – 5k	Race Number	Name	Time
1st overall/junior boy	443	Alex Veroso	18:48
1 <sup>st</sup> adult male	1403	Paul Weston	19:24
1st adult female	40	Debbie Bradley	21:24
1 <sup>st</sup> junior girl	153	Grace Golinski	22:21

Team Results

4 runners home aggregate time

Category - TEAMS	Team Name	Time
Junior 5k	The Wind Chasers	01:20:51
Adult 5k	Listers B Team	01:42:37
Adult 10k	Knowle & Dorridge Running Club	02:20:11