



36th Knowle Fun Run

Sunday 19 May 2019 - Arden Academy Knowle



FINAL PRESS RELEASE

IDEAL CONDITIONS FOR KNOWLE FUN RUNNERS

Organisers of last Sunday's Knowle Fun Run, Knowle and Dorridge Lions were delighted when sunshine brought out the joggers and entry numbers shot up in the final weeks as runners from all over the Midlands decided whether to run 5k or 10k. In the end all 1400 entrants were pleased that the cool and dry weather proved ideal for personal bests and the rain held off

Overall 10k winner was Gareth Wainwright, Knowle and Dorridge Running Club member from Solihull in 35.02. Electronic timing could not separate the 1st 5k Junior Girl from the 2nd and so the Lions have the challenge of getting an extra trophy for Elspeth Parkin & Kate O'Leary,

The provisional all winners were: (.pdf attached)

Andy Street, the Mayor for the West Midlands Combined Authority sent the runners on their way on the dot of midday. As he said "Enjoy your Run today, you cannot all be winners but you are all helping the Lions raise over £30,000 for Solo Life Opportunities, the UK Sepsis Trust and other local Lions causes, so everyone's a winner." After sending the runners on their way Andy jumped off the podium and wearing runner number 1 surprised everyone when he passed many of them and ran the 5k coming 47th in 25 minutes 10 seconds, in time to return to make the trophy presentations to the winners

"This is the 36th Knowle Fun Run and it continues to be the biggest & most popular Fun Run in Solihull raising more for charity than all the others. This year our numbers may have been slightly down at almost 1400 entries for our 5k & 10k Fun Run & 4 KIDSruns", said Fun Run lead Lion Adrian Harris. "The Lions who are all volunteers and take no fee for organising the event were grateful for the continued sponsorship from many companies who helped cover the costs of staging the event. We really appreciate how lucky we are to have the support of a long list of local companies, too many to mention any one. This enables us to tell runners that every £ of entry fee, donation or sponsorship raised will go to our nominated charities. We hope the event will have raised over £30,000 when all the runners sponsorship has been received. As usual many runners raised funds for their own favourite charities and we shall never know how many thousands of pounds to add to that we receive, unless they tell us."

The day started well when around 200 under 10 year olds took part in 4 KIDSruns wearing their complimentary purple Fun Run t-shirts cheered around the Arden school fields by relatives and friends all keen to pick up their chocolate bar and certificate of achievement. The winners all received trophies & gifts

2019 KIDSruns Winners

Year 1
Boy Sam Howell
Girl Annabel Mustin

Year 2
Boy Elija Hartland
Girl Freya Mustin

Year 3
Boy Luca Woodley
Girl Sarah Carter

Year 4
Boy Toby Withers
Girl Florence Hurd

We hope sisters Annabel and Freya Mustin will move up a year and be with us again next year

"It's great to be part of a team organising such a popular and successful community event," said organiser Adrian. **Anyone who may like to help the Lions with this or their other fundraising activities please get in touch now via info@knowleanddorridgeions.com.**



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"Our next fundraiser is the [Heart of England Bike Ride](#) on 14 July"

Please see the [full results](#) and [photo gallery](#) on the Knowle Fun Run website

Please credit NewBold Images for photos they sent to you last night. Please include the one of Andy Street & the overall winner receiving his trophy – image 0749

Editorial contact Dave Carter 01527 894073

Please include the penultimate sentence on membership. We need people passionate about putting on the fun run for the community and charity, to ensure it happens next year.